



Kilose®

Natural Lipid Regulator

PRODUCT DESCRIPTION

Kilose® is a unique complex herbal formula that regulates the metabolism of fats and has shown excellent results in cases of obesity, thereby protecting overweight people against possible consequences of excess lipids.

The concept of obesity as a disorder of the lipid metabolism was described in Ayurveda, and a number of herbal formulas have been used safely for centuries. The metabolic action of **Guggul** and HCA (hydroxycitric acid from **Garcinia cambogia**) have been well documented.

It has been well established that the primary factor supporting a normal lipid metabolism is the regulation of the sugar content in the blood stream. The presence of **Gymnema** makes **Kilose®** the natural solution when weight control difficulties are linked to poor regulation of the glucose metabolism.



MAIN INGREDIENTS

Himalaya ProSelect® formulas are derived from traditional ayurvedic remedies whose key ingredients are combined to achieve safe and synergistic effects. One active ingredient may be buffered by others while certain ingredients play the role as adjuvants, by strengthening the digestive system or helping to remove wastes. Others are included to increase bioavailability and enhance absorption. No single active constituent has the broad activity of the entire plant and no single plant has the activity and safety of carefully formulated blends.

- **Garcinia** (*Garcinia cambogia*) - Contains (-) hydroxycitric acid that is known to inhibit the synthesis of fatty acids.
- **Guggul** (*Commiphora mukul*) - Normalizes lipid metabolism, helps burn excess fat and regulates cholesterol and triglyceride levels.
- **Gymnema** (*Gymnema sylvestre*) - Helps regulate craving for sweets.
- **Ginger** (*Zingiber officinale*) - Widely used, tasty condiment. Stimulant of the gastro-intestinal tract.
- **Indian Long Pepper** (*Piper longum*) - Improves digestion and accelerates metabolism.
- **Saffron** (*Crocus sativus*) - Reconstituent tonic and stimulant. Contains natural riboflavin and thiamine (B vitamins).
- **Bitter Melon** (*Momordica charantia*) - Contains a polypeptide similar to bovine insulin like compound that promotes the utilization of glucose.



Kilose®

Natural Lipid Regulator

☛ RECOMMENDED DOSAGE

Presentation: 60 Capsules

Directions 2 or 3 capsules 30 minutes before meals on an empty stomach.

In case of gastric irritation, **Kilose®** should be taken after meals.

Additional instructions:

- It is important to get at least 20 to 30 minutes of activity four to five times a week (a brisk walk, swim, etc.)
- Daily intake of 8 to 12 glasses of water is necessary in order to improve absorption of **Kilose®**.
- Eat moderately; do not deprive yourself of an occasional treat.
- **Kilose®** should be used continuously for 4-6 months for best results. Loss of weight in terms of inches as well as pounds will be observed, depending on the amount of superficial or deep-seated fat in the body. Each person's body is built differently and responds in its own unique way.

Caution: Keep out of direct light and reach of children.

The use of natural products provides progressive but long-lasting results. Allow several weeks for full benefits.

☛ KEY RESEARCH

Studies have shown that (-) hydroxycitric acid (HCA) present in the *Garcinia cambogia* extract (containing not less than 50% w/w of HCA) is known to inhibit lipogenesis and fatty acid synthesis. It acts by inhibiting the citrate cleavage enzyme which catalyses the formation of precursors for fatty acid synthesis. In a study published in International Journal of Obesity (1996), HCA has also been shown to boost basal metabolic rate so the body continues to burn calories and lose weight.

☛ OUR DEDICATION TO SCIENCE AND QUALITY

We are dedicated to providing safe and effective natural health products that help "defy aging" and enhance life, naturally. Our scientifically validated natural formulas come from The Himalaya Drug Company, founded in 1930 and a worldwide leader in modern adaptation of an age-tradition. Rooted in Ayurveda, the Science of Life and Longevity, our carefully balanced herbal blends have been subjected to the modern scrutiny of clinical testing to prove their unparalleled benefits in gently addressing all health concerns. All Himalaya ProSelect® formulas are produced to pharmaceutical quality standards in state-of-the-art facilities and "fingerprinted" for consistency by the most sophisticated chromatographic quality-control techniques.

☛ OUR GUARANTEE

At **Himalaya USA®**, we focus on science, quality and proven performance, not on esoteric tradition or trendy supplements. Our products have been marketed worldwide for decades and are endorsed by over 200,000 health professionals. We unconditionally guarantee our "Natural Lipid Regulator Formula" for your complete satisfaction.

Monarch
ESSENTIALS

Exclusive distribution in Canada by Monarch Essentials

RR#2, Sunderland, Ontario, L0C 1H0

1-800-437-1567

These statements have not been evaluated by the FDA.

This product and the information provided are not intended to diagnose, treat, cure, or in any way replace qualified medical supervision.

FOR PROFESSIONAL USE ONLY - NOT FOR RETAIL DISPLAY